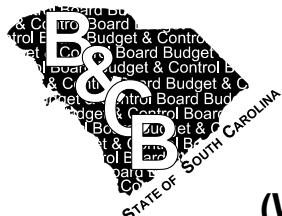


## Chronic Disease Management Workshop **Diabetes**



### **TO BE ANNOUNCED** **(WORKSHOPS USUALLY LAST THREE HOURS)**

**This self-care management overview workshop is designed to help you:**

- ✓ Improve your quality of health care by better understanding diabetes
- ✓ Establish better doctor/patient communications
- ✓ Gain more confidence in health care decision-making

**The diabetes workshop will focus on:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Symptoms          | <input type="checkbox"/> Complications | <input type="checkbox"/> Diet and exercise   |
| <input type="checkbox"/> Types of diabetes | <input type="checkbox"/> Treatment     | <input type="checkbox"/> Psychosocial issues |

**Prevention Partners workshops are FREE to state employees and retirees, and their family members!**

**Sponsored by  
The South Carolina Budget and Control Board  
Employee Insurance Program**

**IF YOU ARE INTERESTED IN RECEIVING INFORMATION ABOUT AN UPCOMING WORKSHOP IN YOUR AREA, PLEASE FILL COMPLETE AND SEND OR FAX THE FORM BELOW TO PREVENTION PARTNERS**

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### **DIABETES WORKSHOP INFORMATION FORM**

**(PLEASE PRINT CLEARLY)**

Please detach and return to: Ramsey Makhuli, Prevention Partners, P.O. Box 11661, Columbia, SC 29211, **OR fax to 803-737-0793**

**Return to Ramsey Makhuli, Prevention Partners, P.O. Box 11661, Columbia, SC 29211, OR fax to 803-737-0793. PLEASE PRINT CLEARLY. THANK YOU.**

**Name:** \_\_\_\_\_ **Social Security No.:** \_\_\_\_\_

**Address (w)** \_\_\_\_\_ **(h)** \_\_\_\_\_

**Phone (w)** \_\_\_\_\_ **(h)** \_\_\_\_\_

**Fax** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Number of family members attending:** \_\_\_\_\_